

# East Troy Parks & Recreation

## Activities Guide for Children and Adults



## FALL 2016



Check out our Facebook page, and like it to get the latest news in the community and activity updates!  
If you need more information about any of the programs or activities, please check out the website.

[www.eastroywi.gov](http://www.eastroywi.gov)

## Indoor Swimming Classes

### INDOOR SWIMMING LESSONS

#### AGES 3+

American Red Cross Classes are listed below with a general description and a list of skills to be taught at each level. Children often need to repeat certain levels. It is the goal of the aquatics program to serve as many swimmers as possible within the resources available (pool time and instructors). Please register early. Classes will be adjusted to accommodate as many participants as possible. If you are unable to get the class of your choice, please have us place your request on the waiting list! Thank you! **Students must bring a towel and swim suit. All students will receive a report card.**

**INSTRUCTOR:** Sara Geuder/Rogelio Hayes

**LOCATION:** East Troy QUALITY INN-2921 O'Leary Lane

**COST:** Village of East Troy Resident: \$46, Non Resident Fee: \$61

**ENROLLMENT:** Maximum 6

### BEGINNER

#### AGES 3-6

Intro to getting comfortable going completely underwater, floating on back independently, swimming on front, and basic water safety skills. Equivalent to American Red Cross Level 1 for ages 3-6. Must be 3 by first day of class.

Class #	Day	Date	Time
BG1S-FL16	Wednesdays	Oct 12- Nov 16	4:00-4:30PM
BG2S-FL16	Mon & Thurs	Nov 28, Dec 1,5,8,12,15	4:50-5:20PM

### INTERMEDIATE/ADVANCED

#### AGES 3-6

Must be able to demonstrate mastered Beginning skills. Intro to wall bobs, breath control, floating and swimming independently on front and back and basic water safety skills. Equivalent to American Red Cross Level 2 for ages 3-6. Must be 3 by the first day of class.

Class #	Day	Date	Time
INA1S-FL16	Wednesdays	Oct 12-Nov 16	4:35-5:20PM
INA2S-FL16	Mon & Thurs	Nov 28, Dec ,5,8,12,15	4:00-4:45PM

### RED CROSS LEVEL 1/LEVEL 2

#### 1ST GRADE AND OVER

Intro to basic water skills: Getting comfortable submerging, floating and swimming on front and back, and basic safety skills.

Class #	Level	Day	Date	Time
SV12-FL16	1 & 2	Mon & Thurs	Nov ,7,10,14,17,21	3:45-4:30PM
RLV1-FL16	1	Sundays	Oct. 16-Nov 20	1:00-1:45PM
RLV2-FL16	2	Sundays	Oct.16- Nov 20	2:00-2:45PM

### RED CROSS LEVEL 3/LEVEL 4

#### 1ST GRADE AND OVER

Fundamental water skills: Must be able to demonstrate mastered level 2 skills, rhythmic breathing and independent swimming on front and back, and basic water safety skills.

Class #	Level	Day	Date	Time
SV34-FL16	3&4	Mon & Thurs	Nov ,7,10,14,17,21	4:35-5:20PM
RLV3-FL16	3	Sundays	Oct. 16-Nov 20	3:00-3:45PM
RLV4-FL16	4	Sundays	Oct.16-Nov 20	4:00-4:45PM



## Toddler Classes

### **STROLLERCISE-NEW MOMS & KIDS**

Join us at Playmore Park for Strollercise! Strollercise is a total body fitness program that moms can do with their babies. Includes power walking and intervals of body toning. Please pre-register for this program.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** Playmore Park – 3072 Graydon Avenue

**COST:** Village of East Troy Resident Fee: \$10, Non Resident: \$15

Class #	Day	Date	Time
SS-FL16	Fri	Aug 26- Oct 8	10:00-11:00AM

### **ALL AROUND TOWN SCAVANGER HUNT MOMS & KIDS**

NEW! Grab your strollers and wagons! We are going on an adventure around town! Each week we will follow the clues on a hunt that explores our beautiful village. Be prepared to walk and talk!

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** Village Square Park

**COST:** Village of East Troy Resident Fee: \$10, Non Resident: \$15

Class #	Day	Date	Time
SS-FL16	Fri	Sep 16-Oct 7	10:00-11:00AM

### **LITTLE EINSTEINS-NEW 2-5 YEARS**

Science is all around us. Be a part of interactive projects, entertaining demonstrations, and simple experiments that introduce the thrill of science. Come explore and learn with us, lots of fun!

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$26, Non Resident Fee: \$41

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
LE-1-FL16	Tues	Sep 13-Oct 4	9-9:30AM

### **TUTU TIME (BALLET) 2YR & YOUNGER**

Dance classes will explore age appropriate steps and creative movement concepts through exciting music and a nurturing environment. Dance attire: leotard and tights, ballet shoes & if a tutu if you'd like! Hair must be tied back. No experience required.

**INSTRUCTOR:** Ashlee Arendt/Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

Class #	Day	Dates	Time
22T1-C-FL16	Mon	Sep 12-Oct 3	9-9:30AM
22T2-C-FL16	Mon	Oct 17-Nov 7	9-9:30AM
22T3-C-FL16	Mon	Nov 21- Dec 12	9-9:30AM
22T4-A-FL16	Sat	Jan 7-28	11-11:30AM

### **TODDLER TUMBLING 2 YRS & YOUNGER**

Get ready to tumble! This parent/child open gym will start with a group warm-up and stretching then a quick introduction to the stations before our young gymnasts are off to perfect their skills! This is a parent/child open gym with obstacles and introductory gymnastic activities.

**INSTRUCTOR:** Ashlee Arendt/Carrie Luedtke/Hannah Bucholtz

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, REC ROOM

**COST:** Village of East Troy Resident: \$26, Non Resident Fee: \$41

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
TT1-C-FL16	Mon	Sep 12-Oct 3	9:35-10:05AM
TT2-H-FL16	Sat	Sep 17-Oct 8	10:20-10:50AM
TT3-C-FL16	Mon	Oct 17-Nov 7	9:35-10:05AM
TT4-C-FL16	Mon	Nov 21- Dec 12	9:35-10:05AM
TT5-A-FL16	Saturday	Jan 7-28	9:00-9:30AM

## Toddler Classes

### **BIPPIDY BOPPIDDY BOOKS**

#### **2-5 YEARS**

Favorite books will be read aloud, and characters and stories will come to life through imaginative games, activities and crafts! Snack provided.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
BBB-FL16	Thur	Sep 15-Oct 6	9-9:30AM

### **STICKY FINGERS-NEW**

#### **2-5 YEARS**

All the activities kids love, but moms hate to clean up. Activities like Play-Doh, finger painting, face painting, and cake decorating are offered. All the mess with no clean up!

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$28, Non Resident Fee: \$43

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
SF1-FL16	Thur	Oct 19-Nov 10	9-9:30AM

### **TRASH TO TREASURE-NEW**

#### **2-5 YEARS**

All the activities kids love, but moms hate to clean up. Students will use recyclable materials to make seasonal crafts.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$22, Non Resident Fee: \$37

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
TTT1-FL16	Tues	Oct 18-Nov 9	9-9:30AM
TTT2-FL16	Tues	Nov 22-Dec 13	9-9:30AM

### **TINY PICASSO'S-NEW**

#### **2-5 YEARS**

Opportunity to explore different mediums such as paint, chalk, markers, and crayons through stories, activities, and projects.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
SF1-FL16	Thur	Dec 1-22	9-9:30AM

### **IT'S A SMALL WORLD-NEW**

#### **2-5 YEARS**

Travel all around the world with us. Each day students will learn about a new country, make a flag, do a craft, read a story and lots more. Who knows, they may learn to say "please" and "thank you" in another language.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
SF1-FL16	Friday	Oct 21-Nov 11	9-9:30AM

### **FUN WITH COLORS-NEW**

#### **2-5 YEARS**

We will learn about the colors all around us each week through art, games, and movement. Please come dressed in your favorite color on the first day!

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

**ENROLLMENT:** Minimum 4

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
SF1-FL16	Friday	Nov 25-Dec 16	9-9:30AM

## Toddler Classes

### OPEN GYM

#### AGES 2-5

Join us in our activity room for fun and open play. No open gym Nov 24

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, Rec Room & Outdoors

**COST:** Village of East Troy Resident Fee: \$10, Non Resident: \$15

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
OG1-FL16	Tues & Thurs	Sep 13-Oct 6	9:45-10:45AM
OG2-FL16	Tues & Thurs	Oct 18-Nov 10	9:45-10:45AM
OG3-FL16	Tues & Thurs	Nov 22-Dec 20	9:45-10:45AM
OG4-FL16	Fridays	Oct 21-Dec 16	9:45-10:45



### PRE-BALLET-NEW

#### 3-4 YRS

Dance classes will explore age appropriate steps and beginner ballet concepts through exciting music and a nurturing environment. Dance attire: leotard and tights, ballet shoes & a skirt/tutu if you'd like! Hair must be tied back. No experience required.

**INSTRUCTOR:** Ashlee Arendt/Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Resident Fee: \$39

Class #	Day	Dates	Time
PB1-C-FL16	Mon	Sep 12-Oct 3	10:10-10:40AM
PB2-C-FL16	Mon	Oct 17-Nov 7	10:10-10:40AM
PB3-C-FL16	Mon	Nov 21- Dec 12	10:10-10:40AM
PB4-A-FL16	Sat	Jan 7-28	11:40-12:10PM

### PRE-NASTICS

#### 3-4 YEARS

We will focus on listening skills and body awareness to develop coordination, balance, and flexibility and introduce your child to basic tumbling and gymnastic skills. What to wear: Body suits or t-shirts with shorts or warm-ups and cotton socks. Please no nylon tights, jeans or clothing with zippers, belt buckles or jewelry. Long hair should be tied back.

**INSTRUCTOR:** Ashlee Arendt/Carrie Luedtke/Hannah Bucholtz

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, REC ROOM

**COST:** Village of East Troy Resident: \$30, Non Resident Fee: \$45

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
PN1-C-FL16	Mon	Sep 12-Oct 3	10:45-11:15AM
PN2-H-FL16	Sat	Sep 17-Oct 8	9:45-11:15AM
PN3-C-FL16	Mon	Oct 17-Nov 7	10:45AM-11:15AM
PN4-C-FL16	Mon	Nov 21- Dec 12	10:45-11:15AM
PN5-A-FL16	Sat	Jan 7-28	9:35-10:10AM

## Toddler Classes



### KICKIN' IT WITH SOCCER

#### BOYS & GIRLS AGES 3-5

Goal! Let's play soccer! We will work on passing, dribbling, trapping, shooting, field positions, and play some games. Dress for the weather! Parent participation is encouraged.

**INSTRUCTOR:** Cody Stuht

**LOCATION:** Village Baseball Diamonds – 3090 Graydon Ave

**COST:** Village of East Troy Resident: \$25, Non Resident Fee: \$40

**ENROLLMENT:** Min 6

Class #	Age	Day	Date	Time
SOC-A-FL16	3-5	Sat	Sep 17-Oct 8	9:30-10:15AM

### T-BALL

#### BOYS & GIRLS AGES 3-5

This is a beginner class. We will work on throwing, hitting, and catching, base running and play some games. Parents are invited to play in a game on the last day. Please bring a baseball glove.

**INSTRUCTOR:** Cody Stuht

**LOCATION:** Village Baseball Diamonds – 3090 Graydon Ave

**COST:** Village of East Troy Resident: \$25, Non Resident Fee: \$40

**ENROLLMENT:** Min 4

Class #	Day	Date	Time
TB-A-FL16	Saturday	Sep 17-Oct 8	10:30-11:15AM

### FLAG FOOTBALL

#### AGES 3-6

Learning teamwork and having fun is the focus of this course. It is designed to teach just the basics of the great game of football, while more importantly giving children a chance to enjoy this cornerstone of American sporting life. Children involved will have a chance to develop confidence, teamwork skills and knowledge of football all while having fun! Please make sure to bring something to drink.

**INSTRUCTOR:** Cody Stuht

**LOCATION:** Village Baseball Diamonds

**COST:** Village of East Troy Resident: \$25, Non Resident Fee: \$40

**ENROLLMENT:** Minimum 6, Maximum 24

Class #	Age	Day	Date	Time
FF104-A-FL16	3-4	Sat	Sep 17-Oct 8	11:30-12:15PM
FF104-B-FL16	5-6	Sat	Sept 17- Oct 8	12:30-1:30PM

### DANCE SAMPLER

#### AGES 4-8

In this class the kids will learn a new dance every week. Using fun music and age appropriate steps for the basics of Jazz, ballet and hip hop and have a lot of fun! Dance attire: leotard and tights, ballet shoes & Athletic or Jazz shoes for jazz classes and hair must be tied back.

**INSTRUCTOR:** Ashlee Arendt

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, REC ROOM

**COST:** Village of East Troy Resident: \$28, Non Resident Fee: \$42

**ENROLLMENT:** Minimum 4, Maximum 12

Class #	Day	Date	Time
DS-FL16	Sat	Jan 7-28	1-1:45PM

*All classes require registration forms  
AT LEAST TWO WEEKS IN ADVANCE  
to order supplies and confirm instructors.*

## Toddler Classes and Youth Classes

*All classes require registration forms*

**AT LEAST TWO WEEKS IN ADVANCE**

*to order supplies and confirm instructors.*

### **PRE-JAZZ-NEW**

#### **3-4 YEARS**

Dance classes will explore age appropriate steps and beginner jazz concepts through exciting music and a nurturing environment. Dance attire: leotard/tank and leggings/tights, jazz shoes or ballet slippers, and a skirt if you'd like! Hair must be tied back. No experience required.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$24, Non Res Fee: \$39

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
PJ-FL16	Sat	Sep 17-Oct 8	9-9:30AM

### **BASIC HIP HOP-NEW**

#### **5-10 YEARS**

In this class the students will learn basic hip hop steps and skills. They will work each week to perfect a hip hop routine culminating a 'show' at the end of the last class. We use fun, age appropriate music and steps. Dance attire: athletic shoes, leggings or sweat pants, t-shirt or sweatshirt. Hair must be tied back. Baseball caps not required, but welcome. No experience required.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$30, Non Resident Fee: \$45

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
BHH-FL16	Sat	Sep 17-Oct 8	9:45-10:25AM

### **BASIC JAZZ-NEW**

#### **5-10 YEARS**

In this class the students will learn basic jazz technique and skills. They will work each week to perfect a jazz routine culminating a 'show' at the end of the last class. We use fun, age appropriate music and steps. Dance attire: jazz shoes or ballet slippers, leggings, leotard or tank. Hair must be tied back. No experience required.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$30, Non Resident Fee: \$45

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
BJZ-FL16	Sat	Sep 17-Oct 8	10:30-11:15AM

### **INTRO TO IRISH DANCE WORKSHOP-BEGINNER - NEW!**

#### **AGES 4-12**

Come join us for a fun weekend of Dance class to learn the basic culture of the Irish Dancing world, the beats and rhythms used in this form of dance, and learn multiple steps of an Irish Jig!

**INSTRUCTOR:** Shannan Stallman

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, Room A

**COST:** Village of East Troy Resident: \$15, Non-Resident Fee: \$30

**ENROLLMENT:** Minimum 4, Maximum 12

Class #	Age	Day	Date	Time
ID-1-FL16	4-7	Sat & Sun	Jan 14 & 15	10:00-11:00AM
ID-2-FL16	8-12	Sat & Sun	Jan 14 & 15	11:05AM-12:05PM

#### **Late Fees**

Registrations received less than 2 weeks prior to class are considered late. **A non-refundable late fee of \$10 per participant, per activity will be assessed.** The Recreation Director will determine acceptance late registrations.

## **SUPER HERO FOR A DAY**

### **AGES 3-6 YEARS**

We all know a little boy who loves super heroes! This class will make them feel like they have super powers! All future super heroes are invited and encouraged to come dressed for fun! Fun projects and snacks! Register by Monday, October 10

**INSTRUCTOR:** Ashlee Arendt

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$15, Non Resident Fee: \$30

**ENROLLMENT:** Minimum 4, Maximum 18

Class #	Day	Date	Time
SHC-FL16	Saturday	October 22	1:00-3:30PM

## **PRINCESS FOR A DAY**

### **AGES 2-6 YEARS**

We all know a little girl who is a princess, and this event will make them feel like royalty. All princesses are invited and are encouraged to come dressed for the royal ball. Fun projects, snacks, and dancing will be included. There will be guest appearances by other royal princesses throughout the day!

**INSTRUCTOR:** Ashlee Arendt

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$15, Non Resident Fee: \$30

**ENROLLMENT:** Minimum 4, Maximum 18

Class #	Day	Date	Time
PC1-FL16	Saturday	October 22	9-11:30AM
PC2-FL16	Saturday	January 7	9-11:30AM



## **BASIC TUMBLING**

### **5-10 YEARS**

From butterflies to bunnies, forward rolls to straddle, back rolls to bridges...participants will learn the basics with focus on creativity and skill building. What to wear: Body suits or t-shirts with shorts or warm-ups and cotton socks. Please no nylon tights, jeans or clothing with zippers, belt buckles or jewelry. Long hair should be tied back.

**INSTRUCTOR:** Ashlee Arendt/Hannah Bucholtz

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, REC ROOM

**COST:** Village of East Troy Resident: \$30, Non Resident Fee: \$45

**ENROLLMENT:** Minimum 4

Class #	Day	Date	Time
BT1-H-FL16	Sat	Sep 17-Oct 8	9-9:40AM
BT2-A-FL16	Sat	Jan 7-28	10:15-11:00AM



# Tennis Classes



## TENNIS

### AGES 4-16

This tennis program teaches kids the fun of tennis and the basics of the game of tennis. Fundamentals and rules will be discussed. Bring one can of new PENN or WILSON tennis balls to the first day of class. Register by Monday, September 12

**INSTRUCTOR:** Mikey Loehe

**LOCATION:** East Troy High School Tennis Courts

**COST:** Village of East Troy Resident: \$28, Non Resident Fee: \$43

**ENROLLMENT:** Min 4, Max 12

## PEE-WEE TENNIS

### AGES 4-5

Just for fun, these little “pee-wee’s” will learn basics and how much fun tennis can be! Racquets provided for use in this class.

Class #	Day	Date	Time
PWT-A-FL16	Sundays	Sept 18-Oct 9	10:30-11:10AM

## BEGINNER TENNIS

### AGES 6-8

These beginners will learn the simple basics of tennis.

Class #	Day	Date	Time
BEGT-A-FL16	Sundays	Sept 18- Oct 9	11:15AM-12:10PM

## INTERMEDIATE TENNIS

### AGES 9-11

The intermediates will learn more about playing tennis, including scoring and playing a match.

Class #	Day	Date	Time
INT-A-FL16	Sundays	Sept 18-Oct 9	12:15-1:15PM

## ADVANCED TENNIS

### AGES 12-16

Advanced players will learn how to improve their strongest abilities, and then work on their weaknesses.

Class #	Day	Date	Time
ADVT-A-FL16	Sundays	Sept 18- Oct 9	1:25-2:25PM



## Youth Classes

### KARATE FOR KIDS

#### CLASSES FOR KIDS, ADULTS AND FAMILIES AGES 5+

At Star Martial Arts Studios, Inc. our program is a Sport Martial Art mix of Tae Kwon Do, Karate, Muay Thai, Kung Fu, Creative Martial Arts, and more. Our program is a safe, fun, exciting way to improve your child's quality of life. Join the Star Studio family today and start your exciting journey to Black Belt and above! The benefits of this program include: Confidence and Self-esteem building, Improves, discipline, focus and physical fitness. Students will learn age appropriate self-defense, teaches loyalty and respect, goal setting & achieving! All Classes start on time please arrives 5-10 minutes early, please no earlier.

**INSTRUCTOR:** Master Dana Paulli (U.S.M.A.A. & I.S.K.A CERTIFIED 5TH DEGREE BLACK BELT)

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, REC ROOM

**COST:** Village of East Troy Resident Fee: \$60, Non Resident: \$75

**ADDITIONAL FEES:** New student uniform fee \$20.00 cash, paid at your first class to instructor.

### KARATE BEGINNER KIDS CLASS

#### AGES 5-12 YEARS

This class is for beginners, new students, gold belts ages 5-12.

Class #	Day	Date	Time
MAB1-FL16	Fri	Oct 14 - Dec 2	5:30-6PM
MAB2-FL16	Fri	Dec 9-Jan 27	5:30-6PM

### KARATE INTERMEDIATE/ADVANCED KIDS CLASS

Advanced kids green belts and above.

Class #	Day	Date	Time
MAIA1-FL16	Fri	Oct 14- Dec 2	6:05-7:00PM
MAIA2-FL16	Fri	Dec 9- Jan 27	6:05-7:00PM

### KARATE TEENS/ADULT CLASS

#### AGES 12+

This class is for adults & teens ages 12 and above form targets, techniques and weapons.

Class #	Day	Date	Time
MATA1-FL16	Fri	Oct 14-Dec 2	7:05-8PM
MATA2-FL16	Fri	Dec 9- Jan 27	7:05-8PM

### CO-ED VOLLEYBALL

#### GRADES 1-2

This program teaches the basic skills of volleyball in a fun and exciting environment. Register by Oct 1

**COST:** Village of East Troy Resident: \$44, Non Resident Fee: \$59

**LOCATION:** Section Elementary School- Town of Mukwonago

Class #	Day	Date	Time
VB-12-FL16	Thurs	Jan 12- Mar 2	5:45-6:45PM

### VOLLEYBALL

#### GRADES 3-9

Sign up now for a great time! League play! Start and end dates are approximate and subject to change. Practice one night of the week determined by coach. **Friday night games!** Register by Oct 1

**COST:** Village of East Troy Resident: \$54, Non Resident Fee: \$69

**LOCATION:** Mukwonago area schools (T.B.D.)

Class #	Level	Date	Time
VB-34-FL16	Grade 3&4	Jan 3- Mar 17	5:45 or later
VB-56-FL16	Grade 5&6	Jan 3-Mar 17	5:45PM or later
VB-789-FL16	Grade 7-8-9	Jan 3-Mar 17	5:45PM or later

Contact Vickie at [vmuszynski@easttroywi.gov](mailto:vmuszynski@easttroywi.gov) or  
(262) 642-6255 X1469 regarding your classes!

**CO-ED BASKETBALL-NEW**  
**PARENT & CHILD 5K-KINDERGARTEN**

This program teaches the basic skills of volleyball in a fun and exciting environment. No class Nov 25. Register by Sept 12.

**COST:** Village of East Troy Resident: \$44, Non Resident Fee: \$59

**LOCATION:** Section Elementary School- Town of Mukwonago

Class #	Day	Date	Time
BBK-FL16	Thurs	Oct 27-Dec 15	5:45-6:45PM

**BASKETBALL**  
**GRADES 1-4**

Sign up now for this fun basketball league. Start & finish dates are approximate and subject to change. Friday night games. Register by Sept 12

**COST:** Village of East Troy Resident: \$57, Non Resident Fee: \$72

**LOCATION:** Mukwonago Area Schools (T.B.D.)

Class #	Level	Date	Time
BK-12-FL16	Grade 1& 2	Oct 20-Dec 15	5:45PM or later
BK-34-FL16	Grade 3&4	Oct 20-Dec 15	5:45PM or later

**INTRODUCTION TO ARCHERY-NEW**  
**AGES 7-15**

All ages need a parent/guardian in attendance.

Beginning archery is a four-week course. Beginners or those wanting to improve their archery skills will learn the concepts of proper safety, equipment inspection and maintenance, and steps to successful archery. Children must have a parent or adult guardian present throughout the class period. ALL equipment will be provided.

**INSTRUCTOR:** Waukesha County Staff

**LOCATION:** Mukwonago County Park (HWY LO)

**COST:** \$40

Class #	Day	Date	Time
ARC-FL16	Fri	Sept 16-Oct 14	4:30-6:00PM

**INTRODUCTION TO BOW HUNTING**  
**AGES 7-17**

This course is for beginners who are interested in learning about the necessary skills to successfully bow hunt. Learn how to pick a hunting location, understand the inner workings of a deer, track an animal, and above all stay safe in the woods. Previous archery experience is suggested.

**INSTRUCTOR:** Waukesha County Staff

**LOCATION:** Mukwonago County Park (HWY LO)

**COST:** \$30

Class #	Day	Date	Time
BH-FL16	Sun	Sept 11-25	4:30-6:00PM

**SKI & SNOWBOARD CLUB**  
**BOYS & GIRLS AGES 8-18**

Join the coolest club around and hit the slopes at Alpine Valley. We have two great sessions of skiing and snowboarding! These sessions offer a huge discount to ski or snowboard! Students must purchase a Student Club ID/Discount card for \$16. This club card comes with one free lesson! Additional lessons may be purchased for the same price of \$16. Lift tickets and rentals are just \$16 each with the club card. Parents can ski club nights only for the same reduced rate of just \$16. In addition to weekly ski club sessions, the student card allows the student to receive reduced price lift tickets and rentals, on non-holiday weekday evenings (3PM to close). On club nights come to the ski school area and look for the table with the sign EAST TROY RECREATION SKI CLUB. We will have your lift tickets and rental slips there for you. On non club days you must present your Student club ID at the ticket and rental counter to receive these discounts. THESE PRICES MAY CHANGE AS THIS WAS PUBLISHED BEFORE 2016-2017 SEASON.

**LOCATION:** Alpine Valley Resort – Meet in ski school area

**COST:** \$63 FEE INCLUDES 3 LIFT TICKETS AND SKI/SNOWBOARD club card- rentals can be paid that day to the chaperone.

Class	Day	Date	Time
SKI-1-FL16	Mondays	Dec 19, Jan 9, Feb 6	4:30PM
SKI-2-FL16	Sundays	Jan 15, Jan 29, Feb 12	3:00PM

## SAFE SITTER

### AGES 11+

Safe sitter training is designed for today's 11-15 year olds. The class will address first aide and safety, rescue breathing, basic child care, decision making skills, age appropriate behavior and play. Students will take an exam on all of the materials taught. Participants should bring a bag lunch.

**INSTRUCTOR:** Tricia Harris

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM B

**COST:** Village of East Troy Resident: \$60, Non Resident Fee: \$75

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
SST-1-FL16	Saturday	Sep 10	8:30AM-3:30PM
SST-2-FL16	Saturday	Oct 1	8:30AM-3:30PM
SST-3-FL16	Saturday	Nov 19	8:30AM-3:30PM

## YOUTH PARKOUR

### AGES 10-17

Parkour or l'art du deplacement (sometimes referred to as free running) is a challenging, demanding physical discipline to train the mind and the body to overcome any obstacle quickly, efficiently and safely. This discipline emerged from French military and firefighter training. You will learn to vault, bound across railings and navigate any terrain only using your body. This course is taught by A.D.A.P.T. certified coaches from Axiom Parkour LLC.

**Try a one class drop-in fee of only \$15.**

**INSTRUCTOR:** Travis Tetting

**LOCATION:** Tom Rossmiller Recreation Area- 3090 Graydon Ave. (Fall Session 1)

East Troy Village Hall, 2015 Energy Dr REC ROOM (Fall Session 2 depending on weather)

**COST:** Village of East Troy Resident: \$72, Non Resident Fee: \$88

**ENROLLMENT:** Minimum 4, Maximum 12

Class #	Day	Date	Time
PO1-FL16	Mon	Sep 12-Oct 24	6:00-7:00PM
PO2-FL16	Mon	Nov 7-Dec 19	6:00-7:00PM

Send us your photos for a chance to be in future class booklets at [vmuszynski@eastroywi.gov](mailto:vmuszynski@eastroywi.gov)

## ESPAÑOL A CONTINUACION 1

### ADULT 18+

Hola my returning students from either Basic Spanish or Conversational Spanish! In this class we will be increasing our knowledge and vocabulary from one or the other of our previous classes. Here we will be learning about even more things to talk about!! Come join us for even more Spanish fun! Hasta pronto!!! This is a collaborative program with New Berlin and Muskego. Bring a pencil and notebook to each class. **NO CLASS July 4**

**INSTRUCTOR:** Erin Pratt

**LOCATION:** Muskego City Hall, Lions Den –W182 S8200 Racine Ave, Muskego

**COST:** Village of East Troy Resident: \$68, Non Resident Fee: \$102

**ENROLLMENT:** Minimum 6, Maximum 12

Class #	Day	Date	Time
MUS-14856-FL16	Tues & Thur	Sep 20-Nov 3	7:45-8:45PM

## ESPAÑOL PARA CONVERSAR

### ADULT 15+

Have you always wanted to learn Spanish? Do you work in a Spanish-speaking environment, or do you want to? Or maybe you'd like to travel to Mexico on vacation and want to learn some conversation starters? Whatever may be the case; this is the class for you to begin your Spanish-speaking skills. Come join us and start to discover the wonderful world of Spanish!

**INSTRUCTOR:** Erin Pratt

**LOCATION:** Muskego City Hall, Lions Den –W182 S8200 Racine Ave, Muskego

**COST:** Village of East Troy Resident: \$45, Non Resident: \$67.50

**ENROLLMENT:** Minimum 6, Maximum 12

Class #	Day	Date	Time
MUS-14855-FL16	Tues	June 21-July 26	6:40-7:40PM

**ESPAÑOL BASICO**

**ADULT 15+**

This is a collaborative program with New Berlin and Muskego. Hola! Would you like your child to become bilingual? Is your child just beginning to learn Spanish? In this class, we will be learning our names in Spanish, learning and reciting the Spanish alphabet, as well as numbers, colors, days of the week, months, and much more! Hasta Pronto! Bring a pencil and notebook to each class.

**INSTRUCTOR:** Erin Pratt

**LOCATION:** Muskego City Hall, Lion’s Den–W182 S8200 Racine Ave, Muskego

**COST:** Village of East Troy Resident: \$45, Non Resident: \$67.50

**ENROLLMENT:** Minimum 6, Maximum 12

Class #	Day	Date	Time
MUS-14854-FL16	Tues & Thurs	Sep 20-Nov 3	5:15-6:15PM

**LEFRANCAIS CONVERSATIONNEL**

**ADULT 15+**

Bonjour! Ca va? Come and join us for a little conversation en Francais! Whether you took French in high school and feel like you may need a review, have a love for the French culture and language, or just want to start out on the basics, this is the class for you!

**INSTRUCTOR:** Erryn Pratt

**LOCATION:** Muskego City Hall, Lion’s Den –W182 S8200 Racine Ave, Muskego

**COST:** Village of East Troy Resident: \$45, Non Resident: \$67.50

**ENROLLMENT:** Minimum 6, Maximum 12

Class #	Day	Date	Time
MUS-15053-FL16	Tues & Thur	Sep 20-Nov 3	6:30-7:30PM

**BIENVENUE AU FRANCAIS**

**ADULT 15+**

Bonjour! Have you had a curiosity for French but life got in the way, and you could never find the time? Did you take French in high school but feel like that was ages ago and you need a refresher? French is a beautiful language! Come join us for Beginning French, and you’ll be saying ‘Ooh La La’ in no time!

**INSTRUCTOR:** Erryn Pratt

**LOCATION:** Muskego City Hall, Lion’s Den–W182 S8200 Racine Ave, Muskego

**COST:** Village of East Troy Resident: \$45, Non Resident: \$67.50

**ENROLLMENT:** Minimum 6, Maximum 12

Class #	Day	Date	Time
MUS-15052-FL16	Mon & Wed	Sep 19-Nov 2	7:45-8:45PM



*All classes require registration forms AT LEAST TWO WEEKS IN ADVANCE to order supplies and confirm instructors.*

## YOGA FOR EVERY BODY

### AGES 16+

The perfect fusion of form and flow to match all skill levels, age and body type! Come and experience what yoga is all about in this one hour class where we practice safe alignment, proper breathing and movement from pose to pose. You will leave feeling nourished! No class December 26

**INSTRUCTOR:** Ashley Pollock

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$65, Non Resident Fee: \$80

**ENROLLMENT:** Minimum 4, Max 12

Class #	Day	Date	Time
YFE-1-FL16	Mon	Sept 12-Oct 17	4-5PM
YFE-2-FL16	Mon	Sept 12-Oct 17	5:30-6:30PM
YFE-3-FL16	Mon	Oct 24-Nov 28	4-5PM
YFE-4-FL16	Mon	Oct 24-Nov 28	5:30-6:30PM
YFE-5-FL16	Mon	Dec 5-Jan 16	4-5PM
YFE-6-FL16	Mon	Dec 5-Jan 16	5:30-6:30PM
YFE-7-FL16	Wed	Oct 5-Nov 9	3-4PM
YFE-8-FL16	Wed	Nov 16- Dec 21	3-4PM
YFE-9-FL16	Wed	Jan 4-Feb 8	3-4PM



Contact Vickie at [vmuszynski@easttroywi.gov](mailto:vmuszynski@easttroywi.gov) or (262) 642-6255 X1469 regarding your classes!

## FUNCTIONAL FITNESS

### AGES 17+

Continuous movement is the base of this class with the fundamentals of light resistance in a fun atmosphere to music. This class involves fundamental movements associated in an active daily living. We will work on the major muscle groups which aid in healthy joint movement. All fitness levels are welcome. No class November 7

**INSTRUCTOR:** Janice Lupo

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, Rec Room & Outdoors

**COST:** Village of East Troy Resident: \$38, Non Resident Fee: \$50

**ENROLLMENT:** Minimum 4, Max 12

Class #	Day	Date	Time
FF-A-FL16	Mon	Oct 3 - Nov 14	6:00-6:45PM

## A.B.C FITNESS (ARMS/BUTT/CORE)

### AGES 17+

Slower but effective exercise that target the major muscle groups of your arms, butt, and core areas. Effective movements will increase your strength and shape and define your body. This is a low impact class. Ideal for any age group. Bring a water bottle and a towel to class.

**INSTRUCTOR:** Janice Lupo

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, Rec Room & Outdoors

**COST:** Village of East Troy Resident: \$38, Non Resident Fee: \$50

**ENROLLMENT:** Minimum 4, Max 12

Class #	Day	Date	Time
FF-A-FL16	Thurs	Sept 15-Nov 3	6:00-6:45PM
FF-B-FL16	Thurs	Sept 15-Nov 3	7:00-7:45PM

## Adult Classes



### **DOG TRAINING-NEW!** **ADULT WITH 1 YEAR OLD + DOG**

Have you taught your dog some of the basics and want to continue with their training, or just want to work your dog around distractions? This class covers basic behaviors including Sit, Down, Come, Stay, Leave It, Drop It, Heeling without pulling, standing on command and basic manners. Register by Monday September 12.

**INSTRUCTOR:** Sandy Pershinger

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, Rec Room

**COST:** Village of East Troy Resident: \$40, Non Resident Fee: \$55

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
DT-FL16	Wed	Sept 28- Nov 2	7:00-7:45PM

### **MOMMIE'S MEMORIES-NEW** **ADULT**

If you're a mom who loves scrapbooking, but can't seem to find the time for it, this class will provide you with the opportunity. Bring that stash of supplies that has been collecting dust and meet with other mothers while creating wonderful layouts and mini-albums that focus on children, family, and season.

**INSTRUCTOR:** Carrie Luedtke

**LOCATION:** East Troy Village Hall, 2015 Energy Dr ROOM A

**COST:** Village of East Troy Resident Fee: \$10, Non Resident: \$15

Class #	Day	Date	Time
MM1-FL16	Sun	Oct 16- Nov 6	1-3PM
MM2-FL16	Sun	Nov 20-Dec 11	1-3PM

### **EMBRACE WELLNESS: ESSENTIAL OILS** **AGES 18+**

Learn how to support digestion, boost energy, support immune system, clean your home toxic free, use on hair, skin and nails and much more with therapeutic essential oils! They are 100% pure and easy to use. Participants will make bath salts and calming roller. Bring \$10.00 to class for purchase of supplies. Register by Monday, October 3

**INSTRUCTOR:** Katie Christopherson

**LOCATION:** Town of Mukwonago, W320S8350 Beulah Rd

**COST:** Village of East Troy Resident: \$5, Non Resident Fee: \$15

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
EO1-FL16	Mon	Oct 17	6:00-7:30PM

### **IMMUNE SUPPORT: ESSENTIAL OILS** **AGES 18+**

Build up your immune system for the fall/winter. Participants will receive a packet of Ningxia Red (super drink), hand sanitizing spray, and an immune support roller bottle. Bring \$12.00 to class for purchase of supplies. Register by Monday, October 31

**INSTRUCTOR:** Katie Christopherson

**LOCATION:** Town of Mukwonago, W320S8350 Beulah Rd

**COST:** Village of East Troy Resident: \$5, Non Resident Fee: \$15

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
EO2-FL16	Mon	Nov 14	6:00-7:30PM

*All classes require registration forms*

**AT LEAST TWO WEEKS IN ADVANCE**

*to order supplies and confirm instructors.*

## Adult Classes

### HEAVY SWAPS WITH ESSENTIAL OILS

**AGES 18+**

Toxic chemicals disrupt the many systems of your body and can bring on numerous health risks. The average household has 63 toxic products and they are not just the ones in your garage or under your sink! There are toxins lurking in lotion, shampoo, conditioner, soap and even toothpaste. Learn how to rid your home of toxins by replacing them with some easy recipes using therapeutic grade essential oils and household products. All participants will receive all-natural household cleaning spray, hand-sanitizing spray and room spray (deodorizer and air freshener). Bring \$12.00 to class for purchase of supplies. Register by Monday, November 21

**INSTRUCTOR:** Katie Christopherson

**LOCATION:** Town of Mukwonago, W320S8350 Beulah Rd

**COST:** Village of East Troy Resident: \$5, Non Resident Fee: \$15

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
EO3-FL16	Mon	Dec 5	6:00-7:30PM

### STRONG WOMEN, POWERFUL FINANCIAL STRATEGIES

**18 YEARS +**

During this complimentary seminar you'll learn ways to gain control over your financial situation, protect the people and things you love the most and make informed financial decisions. Must preregister for this seminar. Register by Mon, September 19.

**INSTRUCTOR:** Justin Delwiche & Gerri Galubinski, Ameriprise Financial

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM B

**COST:** FREE

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
SWF-FL16	Tues	October 4	6:00PM

### BALANCING LIFE TODAY & DREAMS FOR TOMORROW

**18 YEARS +**

During this complimentary seminar you'll learn ways to balance smart decisions about today with planning for tomorrow, plot your journey to retirement into doable steps so it's manageable, maintain financial balance by being prepared for risks and unexpected events, and create a meaningful legacy today. Must preregister for this seminar. Register by Mon. September 26

**INSTRUCTOR:** Justin Delwiche – Ameriprise Financial

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM B

**COST:** FREE

**ENROLLMENT:** Minimum 4, Maximum 8

Class #	Day	Date	Time
BLT-FL16	Tuesday	October 11	6:00PM

### CHAIR YOGA!

**AGES 18+**

This class will bring gentle movement and stretching to those with limited mobility or for those looking for a less active class while still receiving the benefits of yoga. With many modifications offered to personalize your practice this is a wonderful way to introduce your body and mind to yoga or learn how to accommodate the body with support of props. You will leave feeling nourished!

**INSTRUCTOR:** Ashley Pollock

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$65, Non Resident Fee: \$80

**ENROLLMENT:** Minimum 6, Max 12

Class #	Day	Date	Time
YC-1-FL16	Mon	Sept 12-Oct 17	2:30-3:30PM
YC-2-FL16	Mon	Oct 24-Nov 28	2:30-3:30PM
YC-3-FL16	Mon	Dec 5-Jan 16	2:30-3:30PM

### MAHJONG

**ADULT 18+**

Join the Mahjong Mavens every Thursday for some fun games of Mahjong! Never played before? That's okay, come in and we will teach you how to play!

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** FREE

Class #	Day	Time
MJM-FL16	Every Thursday	9:30-NOON

### WATER EXERCISE

**ADULT**

This is a great way to get moving and get into shape! We will exercise to strengthen your heart and lungs and increase flexibility. We have added a night and morning option to this class as well so check out the new dates & times! No class November 7, November 12, and November 24

**INSTRUCTOR:** Vickie Muszynski/Janice Lupo

**LOCATION:** East Troy QUALITY INN-2921 O'Leary Lane

**COST:** \$35

**ENROLLMENT:** Minimum 3, Maximum 12

Class #	Day	Date	Time
WTR1-FL16	Tues & Thurs	Sept 13-Oct 6	12:30-1:15PM
WTR2-FL16	Wednesdays	Sept 7- Oct 26	6:00-6:45PM
WTR3-FL16	Tues & Thurs	Oct 11- Nov 3	12:30-1:15PM
WTR4-FL16	Saturdays	Oct 15- Dec 10	9-9:45AM
WTR5-FL16	Wednesdays	Nov 2- Dec 28	6-6:45PM
WTR6-FL16	Tues & Thurs	Nov 8- Dec 6	12:30-1:15PM

# Computer Classes

## **MICROSOFT EXCEL COMPUTER CLASSES** **ADULT**

Pick and choose the right Excel classes for you or take all 13 Excel classes to become a Microsoft Excel expert. Feel free to take the classes in which ever order makes sense for your knowledge of Excel. Each class is scheduled for 2-hours which includes a 90-Minute Workbook plus extra time for practice and questions. Class is geared towards Excel 2010 but can be easily adjusted if you have the 2013 or 2007 versions. Bring your own laptop for hands-on learning or just follow along with the instructor's projector and your workbook. Registration must be at least 10 days in advance to accommodate ordering book supplies for everyone in class.

**INSTRUCTOR:** Tracey Fridley, The Computer Help Button, LLC  
**LOCATION:** East Troy Village Hall, 2015 Energy Dr, CONF. ROOM  
**COST:** Village of East Troy Resident Fee: \$60 each, Non Res Fee: \$75

**ENROLLMENT:** Minimum 1, Maximum 12

### **1. EXCEL NEW FEATURES**

Learn to work with the new features of Excel 2010. In Excel 2010, the familiar toolbars and menus used in earlier versions of Excel have been replaced by the Ribbon. Once you've grown accustomed to this new way to access Excel commands, you'll want to know about Excel 2010's other new features as well.

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC01-FL16	Fri	Sept 16	8-10AM

### **2. EXCEL GETTING STARTED**

Learn the terminology and capabilities of Excel 2010. Learn how to create a spreadsheet, enter data, and create simple formulas. Do you want to learn the basics of using an electronic spreadsheet? Do you want to learn to input data and add rows and columns? Do you want to do simple calculations? Do you want to be able to create, edit, print, save, and open spreadsheets?

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC02-FL16	Fri	Sept 23	8-10AM

### **3. EXCEL FUNCTIONS & FORMULAS**

Learn the fundamentals of creating and working with formulas and functions. Start by building and copying simple formulas. Then learn to use functions such as SUM, AVERAGE, PMT, ROUND, TODAY, and NETWORKDAYS. Also understand the difference between relative and absolute cell references, create grand totals, and work with formulas that contain 3-D references. Do you want to perform calculations in your Excel spreadsheets? Do

you want to use any of the 300+ built-in Excel functions? Do you want to learn how to efficiently create worksheets that update automatically?

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC03-FL16	Fri	Sept 30	8-10AM

### **4. EXCEL FORMATTING SPREADSHEETS I**

Learn the basic formatting techniques necessary to enhance the way data displays on a worksheet and print. Do you want your worksheets to look more professional? Do you want to call special attention to areas of your spreadsheet?

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC04-FL16	Fri	Oct 7	8-10AM

### **5. EXCEL FORMATTING SPREADSHEETS II**

Learn more advanced formatting techniques, including conditionally formatting cells, using sparklines, using styles, and creating custom views. Also learn to include and work with illustrations, SmartArt, and WordArt. Finally, learn to customize Excel's default settings for use in new workbooks and worksheets. Do you want your worksheets to look more professional? Do you want to call special attention to certain areas of your worksheet?

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC05-FL16	Fri	Oct 14	8-10AM

### **6. EXCEL WORKING WITH WORKBOOKS**

Learn to organize your worksheets effectively by storing them in workbooks. Also learn to share data within a workbook, from workbook to workbook, and with other users. Are you currently saving every Excel spreadsheet in a separate file? Did you know you can have multiple pages in a one Excel file called a "workbook?" Did you know you could create formulas that span multiple worksheets? Did you know you could share workbooks with other users?

<i>Class #</i>	<i>Day</i>	<i>Date</i>	<i>Time</i>
EXC06-FL16	Fri	Oct 21	8-10AM

## Computer Classes



### 7. EXCEL CREATING CHARTS

Learn to create several types of professional-looking charts. Identify chart objects and learn to modify, add, and format charts to enhance the presentation of your data. Could your statistical information be presented more clearly in a graph or chart? Would a chart spice up an upcoming presentation? Would you like to clearly show comparisons such as forecasted to actual, last year to this year, etc.?

Class #	Day	Date	Time
EXC07-FL16	Fri	Nov 4	8-10AM

### 8. EXCEL LISTS & TABLES

Learn list and table design techniques, as well as procedures to sort, filter, and validate data. You will also learn to use formulas in lists and tables, remove duplicate records, and use the subtotal and outline features. Do you spend a lot of time searching for data in large spreadsheets? Would you like to perform database functions such as filtering, subtotaling, and sorting directly in your Excel spreadsheet?

Class #	Day	Date	Time
EXC08-FL16	Fri	Nov 11	8-10AM

## ON-SITE COMPUTER CLASSES

Please contact The Computer Help Button at  
**(262) 470-1286**

**tracey@thecomputerhelpbutton.com**  
to host your own on-site classes at your business.

Only \$300 per 2-hour class  
plus \$25 workbooks for each student.

### 9. EXCEL TIPS & SHORTCUTS

Learn various tips and shortcuts that will make you more efficient when working with Excel. Are you using the fastest methods to accomplish tasks in Excel 2010? Do you want to learn tips for navigating a worksheet, finding information in your worksheets, and entering data more easily?

Class #	Day	Date	Time
EXC09-FL16	Fri	Nov 18	8-10AM

### 10. EXCEL MORE FUNCTIONS & FORMULAS

Learn to use some of Excel's logical, text, lookup & reference, and conditional functions to process worksheet data more efficiently. Do you need to do more advanced calculations? Do you want to learn to use more of the 300+ built-in Excel functions? This class covers four groups of common functions: logical functions, text functions, lookup and reference functions, and conditional functions.

Class #	Day	Date	Time
EXC10-FL16	Fri	Dec 2	8-10AM

### 11. EXCEL AUTOMATING TASKS WITH MACROS

Learn to write macros to automate various Excel tasks. Do you frequently perform the same tasks in Excel? Learn various ways to save time and steps by recording macros.

Class #	Day	Date	Time
EXC11-FL16	Fri	Dec 9	8-10AM

### 12. EXCEL PIVOT TABLES

Learn to analyze and summarize worksheet data using pivot tables and pivot charts. Do you need to analyze data? Learn why and when you can use a pivot table or pivot chart to analyze and summarize data. This workout covers creating and modifying pivot tables, filtering and formatting data, customizing pivot table options, and creating pivot charts.

Class #	Day	Date	Time
EXC12-FL16	Fri	Dec 16	8-10AM

Registration for all Recreation Classes starts IMMEDIATELY!  
 Get your registration in early! Cash and checks accepted.

Student's Names	Father's Name & Work Phone
Address	Mother's Name & Work Phone
City, State Zip	Emergency Contact Name & Phone
Home Phone	Cell Phone
Please note any special considerations we should be aware of such as medications, disabilities, etc.	Email Address

Student Name	Age/ Grade	Class Name	Class #	Session/ Level	Day	Date	Time	Cost
Checks payable to: <b>VILLAGE OF EAST TROY</b> Are you a <b>VILLAGE</b> of East Troy Resident? YES or NO <small>* The East Troy Recreation Department is funded by <b>VILLAGE</b> of East Troy Tax Dollars. Please pay appropriately.</small>							<b>TOTAL AMOUNT DUE:</b>	

**WAIVER AND RELEASE OF ALL CLAIMS**

Please note the cancellation and refund policies. You will be responsible to know the policies. Also, please make note of all the classes you are signing up for as confirmations will not be sent. Note: Registration will not be processed without payment. Classes will be confirmed only when placed in your second-choice class. As a participant in programs, I recognize that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as result of participation. I agree to waive and relinquish all claims I may have as a result of participating in programs against the Parks & Recreation Department its officers, employees and volunteers. I agree to hold harmless the Village of East Troy and its officers, employees and volunteers from any and all claims.

\_\_\_\_\_  
 Signature Date

**MAIL REGISTRATION FORM AND PAYMENT TO:**  
 East Troy Parks & Recreation Department  
 2015 Energy Dr, East Troy, WI 53120

**LATE FEES**

Registrations received after 3:30pm on the deadline date are considered late. A non-refundable late fee of \$10 per participant, per activity will be assessed. The Recreation Director will determine acceptance of the late registration.

**T-SHIRTS**

T-shirts will be ordered for some programs.  
 Please fill in name and size.  
 Youth S (6-8), M (10-12), L (14-16)  
 Adult S, M, L, XL

NAME SIZE

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

East Troy Parks & Recreation  
 2015 Energy Drive  
 East Troy, WI 53120

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## Adult Classes

### UNDERSTANDING AGING FAIR

#### ADULT

Topics included at the fair: balance and preventing falls, keeping your brain sharp, music and mood, eating what's right for your body, blood pressure screening, and power of attorney information. Stop by all the booths and enter to win a prize!

**LOCATION:** 3271 North St. East Troy

**COST:** FREE

Day	Date	Time
Wednesday	September 28th	10:00-12:00PM

### BK BINGO

#### SENIORS

Cover your card with winning numbers as you play bingo. Small prizes awarded. THANK YOU to Burger King for the place and the prizes!

**LOCATION:** East Troy Burger King

**COST:** FREE

**TIME:** 10-11AM

**DATE:** EVERY MONDAY-EXCEPT HOLIDAYS!

Class #	Day	Time
BKB-FL16	Mondays	10-11AM



### PERSONALIZED WOOD SIGN WORKSHOPS

#### 17 YEARS +

Learn how to make your very own personalized 14x14 wood sign! Our instructor led class starts with you distressing and constructing raw wood boards, then you choose your stain and paint colors to make it your very own. All materials and supplies needed are provided. Perfect for all levels of artistic ability! Sign up for one class or ALL, they all have a different theme! To see color photos of the boards, go to [www.studio37creations.com](http://www.studio37creations.com) and click on the "Park and Rec" tab.

**INSTRUCTOR:** Stephanie Sheahan/Studio 37

**LOCATION:** East Troy Village Hall, 2015 Energy Dr, ROOM A

**COST:** Village of East Troy Resident: \$40, Non Resident Fee: \$55

**ENROLLMENT:** Minimum 4, Maximum 12

Class #	Day	Date	Time
371-FL16	Sat	Oct 15	1-3PM
372-FL16	Sun	Nov 6	1-3PM
373-FL16	Tues	Dec 6	6:30-8:30PM

*All classes require registration forms AT LEAST TWO WEEKS IN ADVANCE to accommodate ordering supplies and confirming instructors.*